

MARITAL INTELLIGENCE

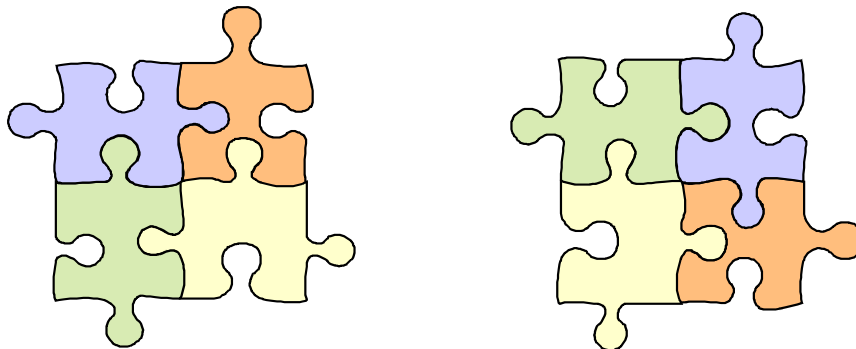
Overcoming the Five Problems of Marriage

		<u>Temperament</u>		

#3

Not understanding, accepting and celebrating your spouse's uniqueness

Psa 139:13; Pro 30:11-14



MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Clashing Temperaments

4 levels of Temperament Interplay

Level 1: _____ (I thought everyone was like me)

Level 2: Understanding (Wow, people are different)

Level 3: _____ (It is okay for that person to be different)

Level 4: _____ (Their differences are wonderful and useful)

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

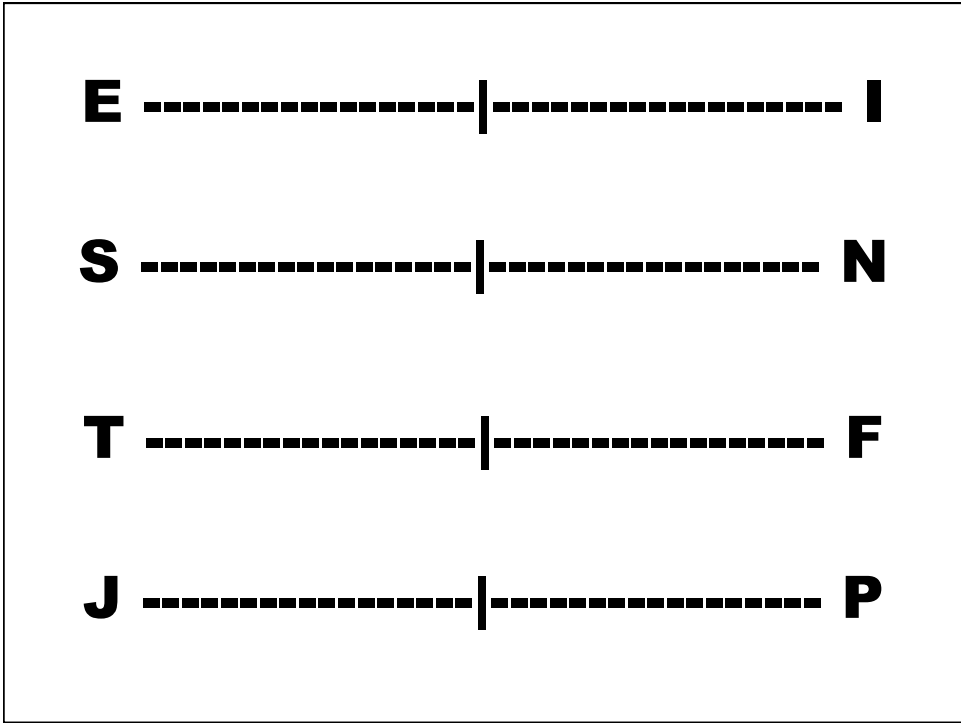
Clashing Temperaments

Common Filters for Understanding and Celebrating the Differences

_____ vs _____ differences

- Myers – Briggs
- DISC TEST / Ancient Temperaments
- Love Languages
- Spiritual Gifts
- Natural Abilities
- Eye – Memory Patterns

ASPECT	MALE	FEMALE
_____		_____
_____	More _____	More _____
NAVIGATION	_____	_____
NEGATIVE _____ STORAGE	_____	Cortex
SEXUALITY	Release	Relate
PHYSICAL VIOLENCE	Okay	Uncomfortable
_____ RESPONSE	_____	_____
RISK ADVERSE/ RISK SEEKING	Seeking	Adverse
PAIN	Different route	More sensitive
NURTURE	Unnatural	Natural
AGGRESSION	Natural	Unnatural
_____	Sharing	Sharing
_____	_____	_____



E -----|----- **I**

adapted from *Do What You Are*, by Paul D. Tieger and Barbara Barron-Tieger, 1992, Little, Brown and Company Boston.

_____	_____
Are energized by being with other people	Are energized by spending time alone
Like being the center of attention	Avoid being the center of attention
Act then think	Think then act
Tend to think out loud	Think things through inside their heads
Are easier to read and know; share personal information freely	Are more private; prefer to share personal information with a select few
Talk more than listen	Listen more than talk
Communicate with enthusiasm	Keep their enthusiasm to themselves
Respond quickly; enjoy a fast pace	Respond after time to think things through
Prefer breadth to depth	Prefer depth to breadth

S ----- | ----- **N**

_____	_____
Trust what is certain and concrete	Trust inspiration and inference
Like new ideas only if they have practical applications	Like new ideas and concepts for their own sake
Value realism and common sense	Value imagination and innovation
Like to use and hone established skills	Like to learn new skills; get bored easily after mastering skills
Tend to be specific and literal; give detailed descriptions	Tend to be general and figurative; use metaphors and analogies
Present information in a step by step manner	Present information through leaps, in a roundabout manner
Are oriented to the present	Are oriented toward the future

T ----- | ----- **F**

_____	_____
Step back; apply impersonal analysis to problems	Step forward; consider effect of actions on others
Value logic, justice, and fairness; one standard for all	Value empathy and harmony; see the exception to the rule
Naturally see flaws and tend to be critical	Naturally like to please others; show appreciation easily
May be seen as heartless, insensitive, and uncaring	May be seen as overemotional, illogical and weak
Consider it more important to be truthful than tactful	Consider it important to be tactful as well as truthful
Believe feelings are valid only if they are logical	Believe any feeling is valid, whether it makes sense or not
Are motivated by a desire for achievement and accomplishment	Are motivated by a desire to be appreciated

J ----- ----- P	
_____	_____
Are happiest after decisions have been made	Are happiest leaving their options open
Have a “work ethic” – work first, play later (if there is time)	Have a “play ethic” – enjoy now, finish the job later (if there is time)
Set goals and work toward achieving them on time	Change goals as new information becomes available
Prefer knowing what they’ re getting into	Like adapting to new situations
Are product-oriented (emphasis is on completing the task)	Are process-oriented (emphasis is on how the task is completed)
Derive satisfaction from finishing projects	Derive satisfaction from starting projects
See time as a finite resource and take deadlines seriously	See time as a renewable resource and see deadlines as elastic

Spiritual Gifts

Rom 12:5-10; 1 Cor 12-14; Eph 4:11-18; 1 Pet 4:10,11

<p>Prophecy: Service: Teaching: _____:</p> <p>Giving: Leadership: _____:</p> <p>Wisdom: Knowledge: Faith: Healing: Miracles: _____ of Spirits:</p>	<p>Tongues: Interpretation: Apostle / Missionary: Helps: _____:</p> <p>Evangelist: Pastor: Celibacy: Voluntary poverty: Martyrdom: _____:</p>
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DISC -

Driven
Choleric
Power
Strong Will
Power
Practical
Leader
Optimistic

Hot-tempered
Impetuous
Cruel
Self-sufficient
Vengeful
Unsympathetic
Pride
Inability to
admit wrong

DISC -

Expressive
Sanguine
Popularity
Enjoys life
Optimistic
Friendly
Compassionate

Restless
Weak-willed
Impulsive
Undisciplined
Undependable
Egotistical
Emotionally
Unstable
Temptable

DISC -

**Amiable
Phlegmatic
Peace
Witty
Dependable
Efficient
Neat
Good-natured
Practical**

**Slow and Lazy
Tease
Stubborn
Indecisive
Uninvolved
Not self-motivate
Selfish... pleasantly**

DISC -

**Analytic
Melancholy
Perfect
Sensitive
Perfectionist
Faithful friend
Self-sacrificing
Creative - Genius**

**Self-centered
(Subjective)
Pessimistic
Critical
Unrealistic
expectations
Moody
Revengeful
Dreamer**

Ancient Temperament Types

Adapted and Condensed from Florence Littauer's book: Personality Plus

POPULAR	POWER	PERFECT	PEACE
Animated	Adventurous	Analytical	Adaptable
Playful	Persuasive	Persistent	Peaceful
Sociable	Strong-willed	Self-Sacrificing	Submissive
Convincing	Competitive	Considerate	Controlled
Spontaneous	Sure	Scheduled	Shy
Brassy	Bossy	Bashful	Blank
Undisciplined	Unsympathetic	Unforgiving	Unenthusiastic
Forgetful	Frank	Fussy	Fearful
Permissive	Proud	Pessimistic	Plain
Show-off	Stubborn	Skeptical	Slow

Love Languages

Adapted from Gary Chapman's book: The Five Love Languages

LOVE LANGUAGE	EXPLANATION	H	W
ACTS OF	The desire to serve the other person to show love and care. Also the ability to receive love most deeply and easily through being served by another person.		
GIVING	The desire to give timely and specific gifts to show love to the other person. Also the ability to receive love most easily through thoughtful well timed gifts.		
TIME	The desire to share quality time with another person doing a highly prized activity in order to demonstrate love to the person. Also the ability to receive love most easily through invitations to highly prized activities in which quality time will be spent.		
AND CLOSENESS	The desire to physically touch and physically close to those whom you love and care about as a way of expressing that love. Also the desire to receive love through physical touch and closeness.		
WORDS OF	The desire to say, write or give uplifting, inspiring, positive words to others as an expression of love and support. Also the desire to receive spoken, written and memorialized words of belief, support, admiration and approval as expressions of love.		

Natural Abilities:

_____ Personality	_____
_____ Personality	Design memory
Graphoria	Tonal memory
_____	Pitch discrimination
_____ visualization	Rhythmic ability
Inductive reasoning	Timbre discrimination
Analytical reasoning	Number memory
_____ dexterity	_____
_____ dexterity	_____
	Color perception

Natural Abilities:

Objective Personality: Enjoy and work best with and through others.

Subjective Personality: Enjoy and do best in specialized and individual work

Graphoria: Clerical ability, adeptness at paperwork & dealing with figures & symbols

Ideaphoria: Creative imagination, lots of ideas

Structural visualization: Think in three dimensions and visualize solids

Inductive reasoning: Form logical conclusions from scattered facts.

Natural Abilities:

Analytical reasoning: resolve an idea into its component parts.

Finger dexterity: manipulate fingers skillfully

Tweezer dexterity: handle small tools easily

Observation: take careful notice

Design memory: memorize designs readily

Tonal memory: remember sounds, and ear for music

Pitch discrimination: differentiate musical tones

Rhythmic ability: the ability to keep time

Natural Abilities:

Timbre discrimination: Distinguish sounds of the same pitch and volume from each other

Number memory: Remember numbers, to keep many things in your mind

Proportional appraisal: Discern harmonious proportions

Silograms: Learn languages, or unfamiliar words, technical jargon.

Foresight: Look ahead, personal concern or prudence about the future.

Color perception: Distinguish colors

Eye -- Memory Patterns

_____ : orientation; words...

_____ : orientation; words...

_____ : orientation; words...



Table Discussions

Which level are you on with your spouse?

Which filters do you want to explore?

Which problem has been most helpful?

Clashing Temperaments 4 levels

Ignorance
Understanding
Acceptance
Celebration

Clashing Temperaments Common Filters

Male vs Female differences
Myers – Briggs
Ancient Temperaments
Love Languages
Spiritual Gifts
Natural Abilities
Eye – Memory Patterns