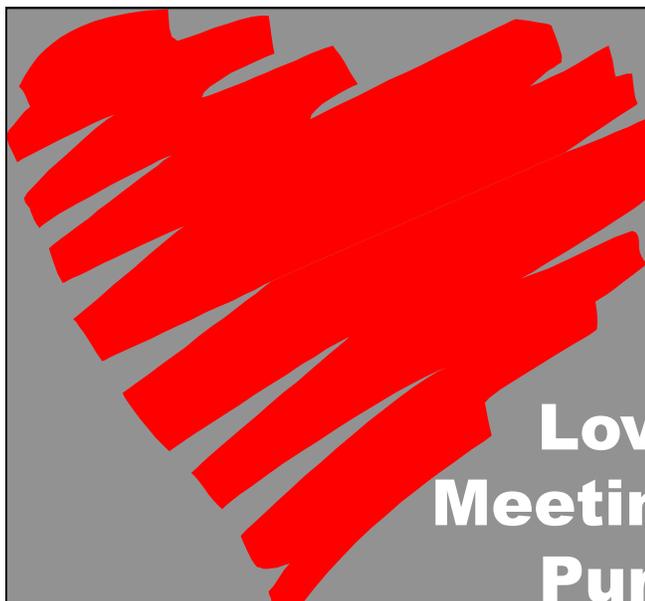




There are only **5** problems in Marriage

<u>Ignoring Needs</u>	<u>Immature Behaviors</u>	<u>Clashing Temperament</u>	<u>Competing Relationships</u>	



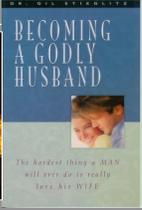
**Love is...
Meeting Needs
Pursuing
Pleasing**

Table Discussion

Which need did you try and improve this week?
Where did your spouse improve?

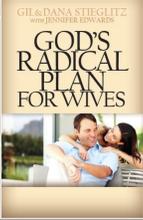


GIL STIEGLITZ
GOD'S RADICAL PLAN FOR HUSBANDS
REALLY LOVING YOUR WIFE

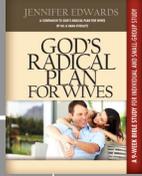


GIL STIEGLITZ
BECOMING A GODLY HUSBAND
The hardest thing a MAN will ever do is really love his WIFE

Ignoring Needs



GIL & DANA STIEGLITZ
GOD'S RADICAL PLAN FOR WIVES



JENNIFER EDWARDS
GOD'S RADICAL PLAN FOR WIVES
A WIFE'S STORY OF TRUSTING AND FOLLOWING GOD

Husband	Wife
1. HONOR	1. RESPECT
2. UNDERSTANDING	2. ADAPT
3. SECURITY	3. DOMESTIC LEADERSHIP
4. BUILDING UNITY	4. INTIMACY
5. AGREEMENT	5. COMPANIONSHIP
6. NUTURE	6. ATTRACTIVE SOUL & BODY
7. DEFENDER	7. LISTENER



Table Discussions

Which Solutions did you try this last week?
What happened?

Immature Behaviors Solutions

Apology: I'm sorry, I was wrong, You were right, Will you forgive me?

Alignment: How were you seeing..._____?
the weekend, the budget, the vacation, the discipline, the schedule

Thoughtful Requests: Could we consider doing this...?

More Love: Meet their needs at a new level, Pursue their soul at a new level, Please them at a new level

Clarifying Conversation:
I saw, I heard, I feel, expect a vent, what should be done.

Stop Enabling – Tough Love - Consequences

Change a Behavior: Intervention, Boundarize their behavior,

Patience: Let God convict, Focus on other areas, Some one else



Table Discussions

Which level are you on with your spouse?
 Which filters do you want to explore?
 Which problem has been most helpful?

Clashing Temperaments 4 levels

Ignorance
 Understanding
 Acceptance
 Celebration

Clashing Temperaments Common Filters

Male vs Female differences
 Myers – Briggs
 Ancient Temperaments
 Love Languages
 Spiritual Gifts
 Natural Abilities
 Eye – Memory Patterns

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Competing Relationships

God	1+ hours a day (Spiritual Disciplines)
Self	1- 4 hours per day (Deep Happiness)
Marriage	1 – 2 hour per day (usually) (HUSBAND / RADICAL)
Family	1 – 2 hour per day for the whole family (EP ² IC / 4R' s)
Work	8-10 hours per day
Church	1-3 hours per week
Friends	2-4 hours per week (4 Levels)
Money	1 -2 hours per week (17 Money Principles / YNAB)
Society	1 – 2 hours per month
Enemies	Limit the mental and emotional time to as little as possible

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

				Past Baggage

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage
Type 1:
Type 2:
Type 3:

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 1:
Victimization

Type 2:

Type 3:

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 1:
Victimization

- Sexual Abuse
- Mental Abuse
- Emotional Abuse
- Physical Abuse
- Relational Abuse: Affairs, Divorce,
- Addictions: drug, alcohol, porn, food, shopping, etc.
- Spiritual Abuse: Churches, Cults, Occult, Religions
- Vocational Abuse: Time, Pay, Demeaning, Insignificance

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 1:

Victimization

The person must process that pain.

They must bring that wound, pain, hurt outside of their body so they can look at it and see it from an objective point of view. This is usually done through talking about or writing about it.

Processing often involves talks with a friend, a counselor, a pastor, a therapist or others.

It may also involve prayer, writing, new perspectives, new research, new insights...

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 1:

Victimization

A person has not processed it enough if the sting, the overwhelming feelings are still there.

If nothing good has been built out of it then it still needs processing. Rom 8:28

Jesus said that we must mourn in this sinful world or we will not be comforted (healed). This is exactly correct. Matt 5:4

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 1:
Victimization

Type 2:
Family and **Cultural** Patterns

Type 3:

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 2:
Family and Cultural Patterns

Every time there is a problem, crisis or difficulty both individuals in the marriage bring their parents / cultures way of solving the problem.

The Bible says that we need to leave our father and our mother and cleave to each other. Gen 2:24

As a couple we need to hear each others perspectives and solutions and see if there are other solutions that would work.

As a couple they need to become one around a new solution.

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 2:

Family and Cultural Patterns

- How did your family argue?
- How did your parents spend/save money?
- How did your parents discipline kids?
- How did your parents vacation?
- How did your parents handle politics?
- How did your parents have fun?
- How did your parents interact with the extended family?
- How did your parents entertain?
- How did your parents resolve conflict?

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 2:

Family and Cultural Patterns

Couples must examine how they are just like their parents and whether those patterns are helpful to the marriage and family.

Individuals and couples need to explore new patterns and processes that could work better for their marriage and family

Spiritual area, Vocational area, Marital area, Parenting area, Financial area, Friends arena, Personal Development

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 1:
Victimization

Type 2:
Family and Cultural Patterns

Type 3:
Past Actions

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 3:
Past Actions

Guilty actions

Traumatic Events

Shameful actions

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

**Type 3:
Past Actions**

Individuals need to confess to God and potentially to another person that they have done something that they feel guilty about. Sometimes their confession is not needed technically but it is needed emotionally. Many times it is needed spiritually, mentally or even legally. There is something powerful that happens when a confession is made



Every Marriage needs regular maintenance in these 5 areas

Which one for you?

Ignoring Needs	Immature Behaviors	Clashing Temperament	Competing Relationships	Past Baggage

A Foolproof Guide to Saving and Strengthening Marriage

Marital Intelligence Gil Stieglitz

There are only FIVE problems in Marriage

Resources from PTLB to strengthen your Marriage

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GIL & DANA STIEGLITZ with JENNIFER EDWARDS
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MISSION POSSIBLE: Winning the Battle Over TEMPTATION
Helping Individuals, Families and Organizations
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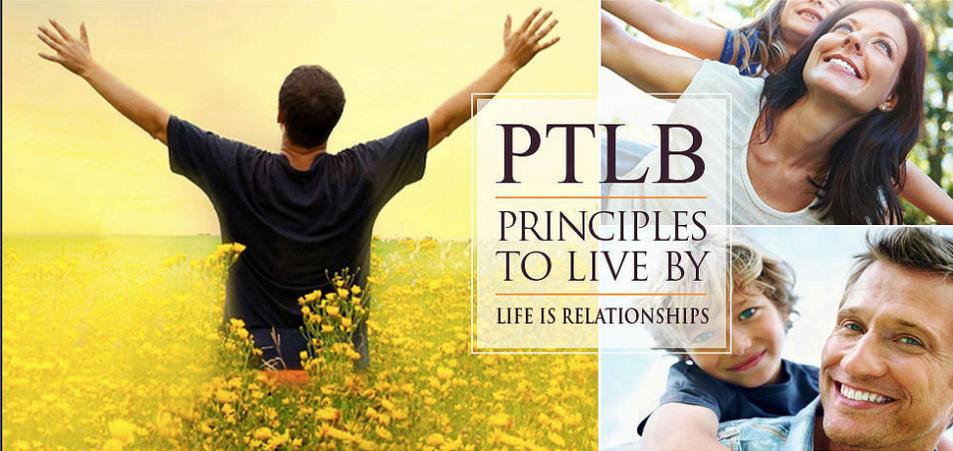
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Spiritual
Disciplines of a
C.H.R.I.S.T.I.A.N.

*Confession • Holy Spirit • Repetition • Interaction
Service • Togetherness • Identification
Abstinence • Needs*

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TO LIVE BY
LIFE IS RELATIONSHIPS

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