



Marital Intelligence Seminar
There are only 5 problems in Marriage
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Silver Spur Camp 2105

Session 4

www.PTLB.com

Marital Intelligence: There are only FIVE problems in Marriage

Ignoring Needs	Immature Behaviors	Clashing Temperament	Competing Relationships	
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Love =

Meeting _____

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Table Discussions

Which need did you try and improve this week? Where did your spouse improve?

Ignoring Needs

Husband

1. HONOR
2. UNDERSTANDING
3. SECURITY
4. BUILDING UNITY
5. AGREEMENT
6. NUTURE
7. DEFENDER

Wife

1. RESPECT
2. ADAPT
3. DOMESTIC LEADERSHIP
4. INTIMACY
5. COMPANIONSHIP
6. ATTRACTIVE SOUL & BODY
7. LISTENER

Table Discussions

Immature Behaviors Solutions

Apology: I'm sorry, I was wrong, You were right, Will you forgive me?

Alignment: How were you seeing... _____?

the weekend, the budget, the vacation, the discipline, the schedule

Thoughtful Requests: Could we consider doing this...?

More Love: Meet their needs at a new level, Pursue their soul at a new level, Please them at a new level

Clarifying Conversation:

I saw, I heard, I feel, expect a vent, what should be done.

Stop Enabling – Tough Love - Consequences

Change a Behavior: Intervention, Boundarize their behavior,

Patience: Let God convict, Focus on other areas, Some one else

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Table Discussions

Which level are you on with your spouse?

Which filters do you want to explore?

Which problem has been most helpful?

Clashing Temperaments

4 Levels

Ignorance

Understanding

Acceptance

Celebration

Clashing Temperaments

Common Filters

Male vs Female differences

Myers – Briggs

Ancient Temperaments

Love Languages

Spiritual Gifts

Natural Abilities

Eye – Memory Patterns

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Competing Relationships

God.....1+ hours a day (Spiritual Disciplines)
Self.....1- 4 hours per day (Deep Happiness)
Marriage.....1 – 2 hour per day (usually) (HUSBAND / RADICAL)
Family.....1 – 2 hour per day for the whole family (EP2IC / 4R's)
Work.....8-10 hours per day
Church.....1-3 hours per week
Friends.....2-4 hours per week (4 Levels)
Money.....1 -2 hours per week (17 Money Principles / YNAB)
Society.....1 – 2 hours per month
Enemies.....Limit the mental and emotional time to as little as possible

Competing Relationships

- Which 2 other relationships are causing the most stress on your marriage?
- Which relationship gets less time and attention than it needs?
- Which relationship do you need to learn a new way of managing and/or loving?

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Ignoring Needs	Immature Behaviors	Clashing Temperament	Competing Relationships	Past Baggage
				Type 1: <hr data-bbox="1381 618 1759 626"/> Type 2: Type 3:

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Past Baggage

Type 1: Victimization

Sexual Abuse

Mental Abuse

Emotional Abuse

Physical Abuse

Relational Abuse: Affairs, Divorce,

Addictions: drug, alcohol, porn, food, shopping, etc.

Spiritual Abuse: Churches, Cults, Occult, Religions

Vocational Abuse: Time, Pay, Demeaning, Insignificance

The person must _____ that pain.

They must bring that wound, pain, hurt _____ of their body so they can look at it and see it from an objective point of view. This is usually done through talking about or writing about it.

Processing often involves talks with a _____, a counselor, a _____, a therapist or others.

It may also involve prayer, writing, new perspectives, new research, new insights...

A person has not processed it _____ if the sting, the overwhelming feelings are still there.

If nothing good has been built out of it then it still needs processing.

Jesus said that we must mourn in this sinful world or we will not be comforted (healed). This is exactly correct. Matt 5:4

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Ignoring Needs	Immature Behaviors	Clashing Temperament	Competing Relationships	Past Baggage
				Type 1: Victimization Type 2: _____ and _____ Patterns Type 3:

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Past Baggage

Type 2: Family and Cultural Patterns

How did your family _____?

How did your parents spend/save money?

How did your parents _____ kids?

How did your parents vacation?

How did your parents handle _____?

How did your parents have fun?

How did your parents interact with the extended family?

How did your parents entertain?

How did your parents _____ conflict?

Couples must examine how they are just like their parents and whether those patterns are helpful to the marriage and family.

Individuals and couples need to _____ new patterns and processes that could work better for their marriage and family

Spiritual area, _____ area, Marital area, _____ area,
_____ area, Friends arena, Personal Development

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				Type 1: Victimization Type 2: Family and Cultural Patterns Type 3: <hr/> <hr/>

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Past Baggage

Type 3: Past Actions

Guilty actions

Traumatic Events

Shameful actions

Individuals need to _____ to God and potentially to another person that they have done something that they feel guilty about. Sometimes their confession is not needed _____ but it is needed emotionally. Many times it is needed _____, mentally or even _____. There is something _____ that happens when a confession is made

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Every Marriage _____ needs _____
in these 5 areas

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