



There are only **5** problems in Marriage

Ignoring	Behaviors	Temperament	Relationships	



**Love is...
Meeting Needs
Pursuing
Pleasing**

Table Discussion

Which need did you try and improve this week?
Where did your spouse improve?


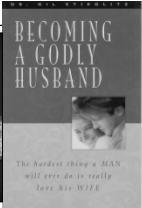
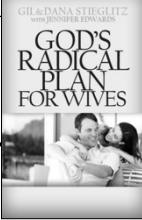
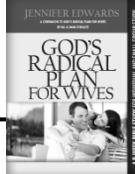
		<h3>Ignoring Needs</h3>		
<p>Husband</p> <ol style="list-style-type: none"> 1. HONOR 2. UNDERSTANDING 3. SECURITY 4. BUILDING UNITY 5. AGREEMENT 6. NUTURE 7. DEFENDER 			<p>Wife</p> <ol style="list-style-type: none"> 1. RESPECT 2. ADAPT 3. DOMESTIC LEADERSHIP 4. INTIMACY 5. COMPANIONSHIP 6. ATTRACTIVE SOUL & BODY 7. LISTENER 	



Table Discussions

Which Solutions did you try this last week?
What happened?

Immature Behaviors Solutions

Apology: I'm sorry, I was wrong, You were right, Will you forgive me?
Alignment: How were you seeing..._____?
the weekend, the budget, the vacation, the discipline, the schedule
Thoughtful Requests: Could we consider doing this...?
More Love: Meet their needs at a new level, Pursue their soul at a new level, Please them at a new level
Clarifying Conversation:
I saw, I heard, I feel, expect a vent, what should be done.
Stop Enabling – Tough Love - Consequences
Change a Behavior: Intervention, Boundarize their behavior,
Patience: Let God convict, Focus on other areas, Some one else



Table Discussions

Which level are you on with your spouse?
 Which filters do you want to explore?
 Which problem has been most helpful?

Clashing Temperaments 4 levels
Ignorance
Understanding
Acceptance
Celebration

Clashing Temperaments Common Filters
Male vs Female differences
Myers – Briggs
Ancient Temperaments
Love Languages
Spiritual Gifts
Natural Abilities
Eye – Memory Patterns

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Competing Relationships	
God	_____ a day (Spiritual Disciplines)
Self	_____ per day (Deep Happiness)
Marriage	1 – 2 hour per day (usually) (HUSBAND / RADICAL)
Family	1 – 2 hour per day for the whole family (EP ² IC / 4R' s)
Work	8-10 hours per day
Church	_____ per week
Friends	2-4 hours per week (4 Levels)
Money	1 -2 hours per week (17 Money Principles / YNAB)
Society	1 – 2 hours per month
Enemies	Limit the mental and emotional time to as little as possible

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

				Past Baggage

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage
Type 1:
Type 2:
Type 3:

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 2:

Type 3:

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 1:
Victimization

_____ Abuse

Mental Abuse

Emotional Abuse

_____ Abuse

Relational Abuse: Affairs, Divorce,

_____ : drug, alcohol, porn, food, shopping, etc.

_____ Abuse: Churches, Cults, Occult, Religions

Vocational Abuse: Time, Pay, Demeaning, Insignificance

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 1:

Victimization

The person must _____ that pain.

They must bring that wound, pain, hurt _____ of their body so they can look at it and see it from an objective point of view.

This is usually done through talking about or writing about it.

Processing often involves talks with a _____, a counselor, a _____, a therapist or others.

It may also involve prayer, writing, new perspectives, new research, new insights...

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 1:

Victimization

A person has not processed it _____ if the sting, the overwhelming feelings are still there.

If nothing good has been built out of it then it still needs processing. Rom 8:28

Jesus said that we must mourn in this sinful world or we will not be comforted (healed). This is exactly correct. Matt 5:4

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 1:
Victimization

Type 2:
_____ and _____
Patterns

Type 3:

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Past Baggage

Type 2:
Family and Cultural Patterns

Every time there is a _____, crisis or difficulty both individuals in the marriage bring their _____ way of solving the problem.

The Bible says that we need to leave our father and our mother and cleave to each other. Gen 2:24

As a couple we need to _____ each others perspectives and solutions and see if there are other _____ that would work.

As a couple they need to become one around a new solution.

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Overcoming the Five Problems of Marriage

Past Baggage

Type 2:

Family and Cultural Patterns

- How did your family _____?
- How did your parents spend/save money?
- How did your parents _____ kids?
- How did your parents vacation?
- How did your parents handle _____?
- How did your parents have fun?
- How did your parents interact with the extended family?
- How did your parents entertain?
- How did your parents _____ conflict?

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Overcoming the Five Problems of Marriage

Past Baggage

Type 2:

Family and Cultural Patterns

Couples must examine how they are just like their parents and whether those patterns are helpful to the marriage and family.

Individuals and couples need to _____ new patterns and processes that could work better for their marriage and family

Spiritual area, _____ area, Marital area, _____ area, _____ area, Friends arena, Personal Development

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Overcoming the Five Problems of Marriage

Past Baggage

Type 1:
Victimization

Type 2:
Family and Cultural Patterns

Type 3:

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Overcoming the Five Problems of Marriage

Past Baggage

Type 3:
Past Actions

_____ actions

_____ Events

_____ actions

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Overcoming the Five Problems of Marriage

Past Baggage

Type 3:

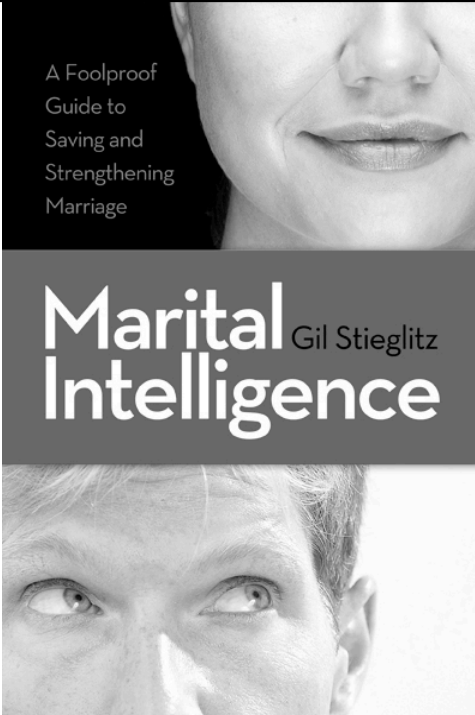
Past Actions

Individuals need to _____ to God and potentially to another person that they have done something that they feel guilty about. Sometimes their confession is not needed _____ but it is needed emotionally. Many times it is needed _____, mentally or even _____. There is something _____ that happens when a confession is made



Every Marriage needs regular maintenance in these 5 areas
Which one for you?

Ignoring	Behaviors	Temperament	Relationships	Past

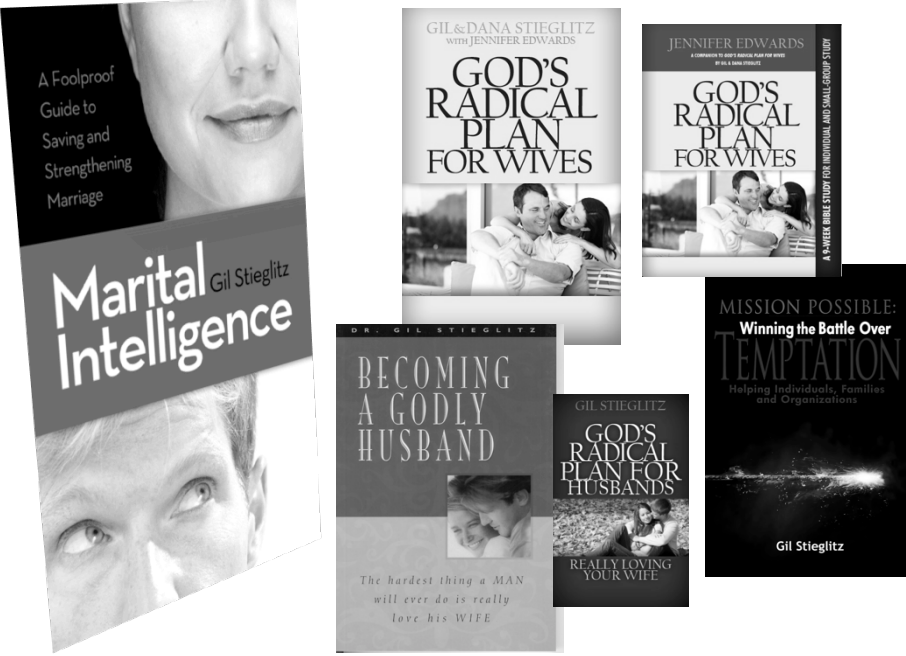


A Foolproof Guide to Saving and Strengthening Marriage

Marital Intelligence Gil Stieglitz

There are only FIVE problems in Marriage

Resources from PTLB to strengthen your Marriage



A Foolproof Guide to Saving and Strengthening Marriage

Marital Intelligence Gil Stieglitz

GIL & DANA STIEGLITZ with JENNIFER EDWARDS
GOD'S RADICAL PLAN FOR WIVES

JENNIFER EDWARDS
A COMMITTEE TO HELP WOMEN, THAT HAS WRITTEN
BY GIL & DANA STIEGLITZ
GOD'S RADICAL PLAN FOR WIVES
A 5-WEEK BIBLE STUDY FOR INDIVIDUAL AND SMALL-GROUP STUDY

DR. GIL STIEGLITZ
BECOMING A GODLY HUSBAND
The hardest thing a MAN will ever do is really love his WIFE

GIL STIEGLITZ
GOD'S RADICAL PLAN FOR HUSBANDS
REALLY LOVING YOUR WIFE

MISSION POSSIBLE:
Winning the Battle Over TEMPTATION
Helping Individuals, Families and Organizations
Gil Stieglitz

